

# OTTER TRAIL GUIDE

## TIDES JUNE 2020

### DAY 1

**HUT:** Ngubu  
**DISTANCE:** 4.8 km  
**TIME:** 3.5 hours

**NOTES:**  
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

### DAY 2

**HUT:** Scott  
**DISTANCE:** 7.9 km  
**TIME:** 5.5 hours

**NOTES:**  
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

### DAY 3

**HUT:** Oakhurst  
**DISTANCE:** 7.7 km  
**TIME:** 5.5 hours

**NOTES:**  
Keep costume and sandals close to hand for two river crossings.

### DAY 4

**HUT:** Andre  
**DISTANCE:** 13.8 km  
**TIME:** 8 hours

**NOTES:**  
Major river crossing at Bloukraans River\*. See Profile Map below.

### DAY 5

**HUT:** De Vasselot  
**DISTANCE:** 8.8 km  
**TIME:** 3 hours

**NOTES:**  
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

\* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

**Please note:** This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0725	1727	0004	1238	0632	1840
2	0725	1726	0102	1336	0726	1932
3	0726	1726	0153	1426	0813	2019
4	0726	1726	0240	1513	0856	2102
5	0727	1726	0325	1557	0938	2145
6	0727	1725	0409	1638	1018	2227
7	0728	1725	0451	1719	1056	2308
8	0728	1725	0531	1758	1133	2350
9	0729	1725	0609	1837	1209	---
10	0729	1725	0647	1918	0032	1245
11	0730	1725	0726	2005	0116	1324
12	0730	1725	0811	2108	0209	1411
13	0731	1725	0913	2229	0316	1516
14	0731	1725	1041	2343	0443	1655
15	0732	1725	1207	---	0559	1815
16	0732	1725	0038	1306	0653	1906
17	0732	1725	0122	1351	0736	1947
18	0733	1725	0202	1430	0814	2024
19	0733	1726	0239	1507	0849	2059
20	0733	1726	0316	1542	0924	2134
21	0733	1726	0354	1618	0959	2210
22	0733	1726	0432	1654	1035	2248
23	0733	1726	0511	1733	1113	2328
24	0734	1727	0552	1814	1151	---
25	0734	1727	0634	1858	0012	1233
26	0734	1727	0721	1949	0101	1318
27	0734	1728	0814	2050	0157	1409
28	0734	1728	0918	2202	0305	1513
29	0734	1728	1038	2320	0428	1633
30	0734	1729	1203	---	0554	1800

## THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. [www.theotter.co.za](http://www.theotter.co.za)

